



Diseased and deformed Monarch

Healthy Habitat = Healthy Monarchs

What can you do to help Monarchs,
so their population increases?

Plant your own pesticide and herbicide-free
butterfly garden with native milkweed and
their favorite nectar sources, like

- Blue Mistflower (*Chromoleana odorata*)
- Seaside Goldenrod (*Solidago sempervirens*)
- Frostweed (*Verbesina virginica*)
- Cowpen Daisy (*Verbesina encelioides*)
- Scarlet Sage (*Salvia coccinea*)
- Spiny Aster (*Chlorocantha spirosa*) and
- Texas Thistle (*Cirsium texanum*)

IF YOU PLANT IT, THEY WILL COME!

Then leave them alone.
Mother Nature knows best.



www.NationalButterflyCenter.org



Diseased Monarch caterpillar

DO NOT harvest eggs and caterpillars or chrysalids, bring them inside and attempt to raise them in artificial conditions.

The fittest butterflies are produced in the wild.

DO NOT subject butterflies in any stage of their lifecycle to artificial conditions, diet and density.

Captive and mass raising disrupt natural rhythms and natural selection.

DO NOT share or ship butterflies in any stage of their lifecycle to other places and people.

This spreads parasites, disease and defects.

DO NOT purchase or release commercially, i.e. artificially, produced butterflies.

This contaminates and compromises the health of wild populations.

DO create healthy habitat with lots of milkweed.

Let Mother Nature handle the rest.